JOSEPH A. ACHACOSO, Ph.D., LPC-S

104 West Main Street, Suite E ● Pflugerville, Texas 78660 ● (512) 576-2597 ● drjoeya@yahoo.com ● www.drjoeyplay.com

EDUCATION

2000-2	2002	LPC	Counseling: LPC track	Texas State University at San Marcos
1990-1	1998	Ph. D.	Educational Psychology Concentration: Developmental Psychology	The University of Texas at Austin
1990-1	1994	M.A.	Educational Psychology Concentration: Developmental Psychology	The University of Texas at Austin
1982-1	1986	B.S.	Microbiology: Pre-med track	Louisiana State Univ. at Baton Rouge

TEACHING EXPERIENCE

2001-2005	Assistant Professor: Child and Adolescent Counseling Methods; Theories of Counseling and Personality; Career Counseling; Community-Based Counseling; Counseling Theories, Practicum: Advanced Methods in Play Therapy; Research Seminar Department of Educational Administration & Psychological Services, Texas State University at San Marcos, Texas
1994-2004	Music Teacher , Piano, violin, and guitar performance and music theory Jocoso Music, Austin, Texas
1993-1995	Teaching Assistant , <i>Personal and Family Finance</i> Department of Human Ecology, The University of Texas at Austin
1992-1993	Parent/Youth Teacher, New Beginnings Program Shoal Creek Hospital, Austin, Texas
1992-1994	Tutor , Psychology, Mathematics, Biology, Chemistry, and Statistics Learning Skills Center, The University of Texas at Austin

COUNSELING EXPERIENCE

2002-present	Licensed Professional Counselor, Supervisor, Play Therapist, and Parent Coach: individual/family therapy for children, adolescents, and adults; parenting classes and training. The Austin Center for Life Enrichment in Austin, Texas and The Central Texas Play Therapy Center in Pflugerville, Texas.
1999 – 2000	Counselor : individual/group therapy for sex offenders Shelley Graham, Therapist, Austin, Texas
1992 - 1993	Counselor : led conflict-resolution groups of adolescents & parents Shoal Creek Hospital: <i>New Beginnings</i> Program, Austin, Texas
1991	Counselor : organized, planned, and co-directed a program for single parents Communities in Schools, Austin, Texas

INVITED LECTURES

"My Experiences as an Asian American" *Counseling Diverse Populations*. Department of Education Administration & Psychological Services. Southwest Texas State University: Dr. Stella Kerl

"How Sibling Relationships Influence Peer Relationships" *Child and Adolescent Development*. Department of Educational Psychology at The University of Texas at Austin: Dr. Amanda Harrist

PROFESSIONAL HISTORY

Aug 01 – May 05 Assistant Professor

Texas State University

San Marcos, Texas

Responsibilities include:

- Teach graduate students counseling courses such as *Child and Adolescent Counseling Methods and Advanced Methods in Play Therapy*.
- Help students achieve their career and personal goals.

Jun 02 – present

Play Therapist

The Austin Center for Life Enrichment The Central Texas Play Therapy Center Austin, Texas Pflugerville, Texas

Responsibilities include:

- Provide individual and group therapy for children, adolescents, and adults.
- Teach Child-Parent Relationship classes.

Jul 01 - Jul 03

Asst. Managing Editor

Holt, Rinehart, and Winston

Austin, Texas

Mathematics Department

Responsibilities include:

- Maintaining the contracts with vendors.
- Updating division head on departmental finances and budget.

Jan 00 – Jul 01

Freelance Writer and Editor

Austin, Texas

Responsibilities include:

- Writing and editing items in mathematics, chemistry, biology, Earth science, computer technology, and physics for different state assessments at all grade levels.
- Editing and proofing GED preparatory manuals in mathematics and biology.

Mar 00 - Aug 00

Mathematics Specialist

Kamico Instructional Media

Austin, Texas

Mathematics Division

Responsibilities include: Writing and editing mathematics items and activities for TAAS

supplementary materials.

Jan 00 - Mar 00

Research Consultant

Pro-Ed Publishing

Austin, Texas

Responsibilities include: Proofing and editing testing manuals.

PROFESSIONAL HISTORY (cont.)

Nov 99 – Mar 00 Counselor

Shelley Graham, Therapist

Austin, Texas

Responsibilities include:

- Group and individual counseling of adult male sex offenders
- Writing progress notes and reviewing daily journals of sex offenders

Jan 96 – Dec 99

Program Specialist

Texas Education Agency

Austin, Texas

Student Assessment

Responsibilities include:

- Coordinating item development of TAAS mathematics and science tests and algebra and biology end-of-course tests
- Managing the accommodations Task Force that reviews statewide accommodation requests.
- Managing the quality control of the production of TAAS test booklets and answer
- Facilitating TAAS mathematics advisory committees of educators representing districts statewide.
- Editing and proofreading TAAS tests, administration manuals, and other publications prior to print.

Jan 94 – May 04

Music Teacher

Jocoso Music

Austin, Texas

Responsibilities include:

- Managing the accounting and bookkeeping of the sole proprietorship.
- Teaching children, adolescents, and adults music theory and the skills of how to play the piano, violin, and guitar.

June 94 – May 96 Research and Statistical Consultant

The University of Texas

Austin, Texas

Department of Human Ecology

Responsibilities include:

- Designing, administering, and analyzing surveys and questionnaires from 300 financial planners and educators using SAS and SPSS programs.
- Designing benchmarks for planners and educators to use when advising personal and family financial matters.
- Advising professors on research methodology, direction of analyses, and preparation of manuscripts for publication

June 93 - Jan 94

Piano Teacher

Anybody Can Play National Program

Austin, Texas

Responsibilities include: Teaching music theory and the skills of how to play the piano to preschool, elementary school children, and adults at elementary schools, childcare centers, and residences.

June 93 - May 95 Teaching Assistant

The University of Texas

Austin, Texas

Department of Human Ecology

Responsibilities include:

- Assisting three professors in teaching, grading, and tutoring students in the course, Personal and Family Finance.
- Designing multiple-choice questions and proctoring exams.
- Advising students on projects and homework assignments.
- Lecturing to classes of 100-200 students about life, disability, and auto insurance as well as credit and cash management.

June 94 - May 95 Consultant

Southwest Educational Development Laboratory Austin, Texas

Responsibilities include:

- Collecting data from the thirteen largest urban school districts in the Southwest region (AR, LA, NM, OK, and TX) to develop and write the Data Interpretation Section for the Urban Landscape Paper.
- Gleaning data from promising native education programs in the Southwest region to develop and write Native Education Promising Practice Directory.
- Developing and writing the <u>Alternative Organizational Plan Directory</u> focusing on promising initiatives in rural small schools in the Southwest.

June 93 - May 94 Doctoral Minority Intern Responsibilities include: Southwest Educational Development Laboratory Austin, Texas

- Editing the published document, <u>The Continuity Framework</u>, which promotes the successful collaboration of Head Start and public school administrators, teachers, parents, and the surrounding community.
- Writing a document, <u>Insights</u>, for policymakers and practitioners on school-linked services, focusing on its funding and accountability.
- Collecting demographic information and other pertinent statistics of states and urban school districts in the Southwest.
- Meeting with the Little Rock ISD superintendent and his executive cabinet to assess
 their needs and the type of assistance needed for staff development and Leadership for
 Change training.

May 92 - May 93 Graduate Student Assistant Southwest Educational Development Laboratory Austin, Texas Responsibilities include: Working on projects that ensure the successful transition of children and their families from Head Start to elementary school.

July 92 - Aug 93 Parent and Youth Teacher &/Counselor Shoal Creek Hospital Austin, Texas New Beginnings Program

Responsibilities include:

- Teaching parents and their adolescent children about the basic skills of communication, praise, discipline, and family dynamics.
- Managing support groups on conflict resolution.

PROFESSIONAL HISTORY (cont.)

Aug 92 - May 93 Research Assistant

The University of Texas

Austin, Texas

Partners and Parents Project

Responsibilities include:

- Conducting home visits and interviews of parents-to-be in order to study the dynamics involved in the transition to parenthood.
- Recording and analyzing the field data collected during the home visits, using SAS and SPSS programs.

Jan 92 - May 93 Certified Tutor

The University of Texas

Austin, Texas

Learning Skills Center

Responsibilities include:

- Tutoring undergraduates in the areas of psychology, statistics, biology, chemistry, and mathematics.
- Advising undergraduates on learning strategies, study skills, and applying to graduate school

July 91 - Dec 91 Counselor/Grant writer

Communities in Schools

Austin, Texas

Responsibilities include:

- Organizing, planning, and co-directing a program for single parents of at-risk children.
- Writing and editing a Nabisco grant proposal for *Project LEAP* (Learning is Exciting with Active Parents).

Oct 87 - July 90

Research Associate

Louisiana State University Medical Center

Shreveport, Louisiana

Responsibilities include:

- Creating and implementing experimental and genetic engineering studies in retrovirology and molecular biology.
- Maintaining and ordering inventory of laboratory supplies.

PUBLICATIONS

Harrist, A.W., & Achacoso, J.A. (2013). *Reciprocal and complimentary sibling interactions: Relations with socialization outcomes in kindergarten*, Early Education and Development: Special Issue – Sibling Relationship as a Context for Learning and Development.

Greninger, S.A., Hampton, V.L., Kitt, K.A., & Achacoso, J.A. (1997). Perceived usefulness of credit and insolvency measures among financial planners and educators, Certified Financial Planner Board of Standards.

Greninger, S.A., Hampton, V.L., Kitt, K.A., & Achacoso, J.A. (1996). *Ratios and benchmarks for measuring the financial well-being of families and individuals.* Financial Services Review.

Wills, J.W., Craven, R.C., & Achacoso, J.A. (1989). Creation and expression of myristylated forms of Rous sarcoma virus gag protein in mammalian cells. <u>Journal of Virology</u>, <u>63</u> (10), 4331-4343.

PROFESSIONAL PRESENTATIONS

Achacoso, J.A. (2018). Play therapy based on adventure: How to promote cordiality and communication in families. Presented at the 10th International Conference on Play Therapy. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2018). *Play Therapy: A door through the child's world.* Presented at the 10th International Conference on Play Therapy. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2018). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 10th International Conference on Play Therapy. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2018). Adventure-Based Play Therapy: Improving the Interpersonal Communication and Relationships of Children and their Families. Presented at the 3rd Annual International Conference hosted by Egeiro Instituto de Terapia Familiar. Tampico, Tamaulipas, Mexico. April.

Achacoso, J.A. (2017). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the CEFAP Conference on Play Therapy. Guadalajara, Jalisco, Mexico. May.

Achacoso, J.A. (2016). The Importance of *Play Therapy for Children and Families*. Presented at the Careers & Vocation in Psychology class. Concordia University. Austin, Texas. October.

Achacoso, J.A. (2016). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the CEFAP Conference on Play Therapy. Cholula, Puebla, Mexico. February.

Achacoso, J.A. (2016). The Importance of *Play Therapy for Children and Families*. Presented at the Careers & Vocation in Psychology class. Concordia University. Austin, Texas. February.

Achacoso, J.A. (2015). Adventure-Based Play Therapy: Getting Leaders Out of the Rut and Learning How to Work Together. Presented at St. Stephen's Missionary Baptist Church Leader's Retreat. Austin, Texas. April.

Achacoso, J.A. (2014). Adventure-Based Play Therapy: Improving the Interpersonal Communication and Relationships of Children and their Families. Presented at Coastal Bend Chapter of The Texas Association for Play Therapy Annual Fall Retreat. Corpus Christi, Texas. September.

Achacoso, J.A. (2014). Play Therapy Interventions for Professionals with Compassion Fatigue. Presented at Coastal Bend Chapter of The Texas Association for Play Therapy Annual Fall Retreat. Corpus Christi, Texas. September.

Achacoso, J.A. & Zentner, K. (2014). *Child's Play: From Peek-a-boo to Killing Monsters. It's More than Just Fun!* Presented at Family Matters program run by Austin IN Connection. Austin, Texas. January.

Achacoso, J.A. (2014). *Play Therapy Interventions for Professionals with Compassion Fatigue*. Presented at Hill Country Chapter of The Texas Association for Play Therapy Annual Winter Retreat. Wimberley, Texas. January.

Achacoso, J.A. (2013). Play therapy based on adventure: How to promote cordiality and communication in families. Presented at the 1st International Symposium on Play Therapy: Building roads to grow creativity, education and the arts. Chihuaua, Chihuahua, Mexico. November.

PROFESSIONAL PRESENTATIONS (cont.)

Achacoso, J.A. (2013). *Play Therapy: A door through the child's world*. Presented at the 1st International Symposium on Play Therapy: Building roads to grow creativity, education and the arts. Chihuaua, Chihuahua, Mexico. November.

Achacoso, J.A. (2013). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 1st International Symposium on Play Therapy: Building roads to grow creativity, education and the arts. Chihuaua, Chihuahua, Mexico. November.

Achacoso, J.A. (2013). Play therapy based on adventure: How to promote cordiality and communication in families. Presented at the 5th International Conference on Play Therapy: Building roads to grow creativity, education and the arts. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2013). *Play Therapy: A door through the child's world*. Presented at the 5th International Conference on Play Therapy: Building roads to grow creativity, education and the arts. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2013). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 5th International Conference on Play Therapy: Building roads to grow creativity, education and the arts. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2012). Play therapy based on adventure: How to promote cordiality and communication in families. Presented at the 4th International Conference on Play Therapy - Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2012). *Play Therapy: A door through the child's world.* Presented at the 4th International Conference on Play Therapy - Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2012). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 4th International Conference on Play Therapy - Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. May.

Achacoso, J.A. (2011). Play therapy based on adventure: How to promote cordiality and communication in families. Presented at the 4th International Conference on Play Therapy: Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. October.

Achacoso, J.A. (2011). *Play Therapy: A door through the child's world*. Presented at the 4th International Conference on Play Therapy, Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. October.

Achacoso, J.A. (2011). *Play Therapy for Therapists: How to avoid compassion fatigue through play*. Presented at the 4th International Conference on Play Therapy, Playing, Growing and Living: Crossing Boundaries. Cholula, Puebla, Mexico. October.

Achacoso, J.A. (2011). *Adventure-Based Play Therapy: Understanding the Family System in Real Time*. Presented at Hill Country Chapter of The Texas Association for Play Therapy Annual Winter Retreat. Wimberley, Texas. January.

PROFESSIONAL PRESENTATIONS (cont.)

Achacoso, J.A. (2010). *Adventure-Based Play Therapy: Promoting Congeniality and Communication in Families and Siblings*. Presented at the Membership Event of the Coastal Bend Chapter of The Texas Association for Play Therapy Corpus Christi, Texas. March.

Achacoso, J.A. (2009). *Dilemmas Play Therapist Face: What to Do When* . . . Presented at The Hill Country Chapter of The Texas Association for Play Therapy. Austin, Texas. August.

Achacoso, J.A. & Moncrief, D. (2009). *Play Therapy: A Bridge to the Child's World* Presented at The Net Connection's Monthly Professional Workshop. Round Rock, Texas. February.

Achacoso, J.A. (2008). *Adventure-Based Play Therapy: Taking Family Therapy Outdoors*Presented at The Hill Country Chapter of The Texas Association for Play Therapy. Austin, Texas. June.

Achacoso, J.A. (2008). *Play Therapy Peer Consultation Group: Issues in Private Practice*. Presented at The Texas Association for Play Therapy 15th Annual Conference. Dallas, Texas. April.

Achacoso, J.A. (2008). *Child-Centered Play Therapy*. Presented at Communities-in-Schools Professional Training. Austin, Texas. January.

Achacoso, J.A. (2007). *Play Therapy for the Counseling Professional: Ways to Laugh, Enjoy, and Live!* Presented at The Austin Child Guidance Center. Austin, Texas. June.

Achacoso, J.A. (2007). *Play Therapy for Therapists: How to Avoid Burnout by Playing*. Presented at The Austin Child Guidance Center. Austin, Texas. April.

Achacoso, J.A. (2007). *Sibling Rivalry: How to Deal with the Unavoidable*. Presented at The University of Texas Child Development Center. Austin, Texas. March.

Achacoso, J.A. (2006). *How to deal with #1 when #2 arrives: Learning how to enjoy your growing family*. Presented at The University of Texas Child Development Center. Austin, Texas. October.

Achacoso, J.A. (2006). *Play Therapy for the Play Therapist: How to Avoid Burnout by Playing*. Presented at the Hill Country Chapter of The Texas Association for Play Therapy. Austin, Texas. October.

Achacoso, J.A. (2006). "Tired of hearing 'NO!" and saying 'NO!"?" Positive ways to deal with your willful child. Presented at The University of Texas Child Development Center. Austin, Texas. April.

Achacoso, J.A. (2005). How to deal with #1 when #2 arrives: Learning how to enjoy your growing family. Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. October.

Achacoso, J.A. (2005). *The Fine Arts of Play Therapy: Playing to the Beat of a Different Drum.* Presented at the 3rd Annual Summer Mini-Conference for The Coastal Bend Chapter of The Texas Association for Play Therapy. Austin, Texas. June.

Achacoso, J.A. (2005). *How to deal with #1 when #2 arrives: Learning how to enjoy your growing family*. Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. May.

Achacoso, J.A. (2005). *Tired of Hearing "No!" and saying "No!"? Positive Ways to Deal with Your Stubborn Child.* Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. January.

PROFESSIONAL PRESENTATIONS (cont.)

Achacoso, J.A. (2005). *Playing to the Beat of a Different Drum: The Role of Music Therapy in Counseling*. Presented at the Hill Country Chapter of The Texas Association for Play Therapy Winter Retreat. Austin, Texas. January.

Achacoso, J.A. (2004). *Tired of Hearing "No!" and saying "No!"? Positive Ways to Deal with Your Stubborn Child.* Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. October.

Achacoso, J.A. (2004). *Tired of Hearing "No!" and saying "No!"? Positive Ways to Deal with Your Stubborn Child.* Presented at the Babies R Us Monthly Professional Seminar Series. Austin, Texas. September.

Achacoso, J.A. (2004). *Self-injury Among Adolescents: Research-based Treatment Practices* Presented at the Austin Independent School District Monthly Meeting of School Counselors. Austin, Texas. April.

Achacoso, J.A. (2004). *Playing to the Beat of a Different Drum: The Role of Music Therapy in Counseling*. Presented at the Hill Country Chapter of The Texas Association for Play Therapy. Austin, Texas. February.

Achacoso, J.A. (2003). *What is Play Therapy?* Presented at the Round Rock Independent School District Monthly Meeting of School Counselors. Round Rock, Texas. March.

Greninger, S.A., Hampton, V.L., Kitt, K.A., & Achacoso, J.A. (1995). *Educators' and Practitioners' Advice Regarding Setting Goals, Savings Programs, and Financial Reviews*. Paper presented at the Annual Conference of the Association for Financial Counseling and Planning Education. New Orleans, Louisiana. November.

Achacoso, J.A. & Harrist, A.K. (1995). *Complementary and Reciprocal Sibling Interactions: Differential Predictors of Peer Relations in Single- and Two-Parent Families*. Poster presented at the Society for Research in Child Development Biennial Meeting. Indianapolis, Indiana. March.

Achacoso, J.A. & Harrist, A.K. (1994). *Complementarity and Reciprocity in Sibling Interactions: Variations in Age, Sex, and Child Social Competence*. Poster presented at the Southwestern Society for Research in Human Development Biennial Meeting. Austin, Texas. February.

Achacoso, J.A. & Rodriguez, C.R. (1993). *Continuity in Early Childhood: Elements and Indicators of Home, School, and Community Linkages*, National Association for the Education of Young Children Annual Conference. Anaheim, California.

Achacoso, J.A. (1992, 1993). Youth/Parent Teacher, *The New Beginnings Program*, Shoal Creek Hospital. Austin, Texas.

Achacoso, J.A. (1991). Youth/Parent Counselor, *Project LEAP*, Communities in Schools site at Molly Dawson Elementary School. Austin, Texas, July.

Achacoso, J.A. (1989). *The Matching Hypothesis at Work in the Mall*. Paper presented at *Lou*isiana Academy of Sciences Annual Meeting. Alexandria, Louisiana, February.

Wills, J.W., Craven, R.C., & Achacoso, J.A. (1988). *Creation and expression of myristylated forms of Rous sarcoma virus gag protein in mammalian cells*. Paper presented at the Cold Spring Harbor Annual International Conference of Retrovirology. Long Island, New York, June.

PROFESSIONAL AFFILIATIONS

- ♦ Hill Country Chapter of The Texas Association for Play Therapy
- ♦ Association for Play Therapy
- Texas Association for Play Therapy